

Why choose our training?

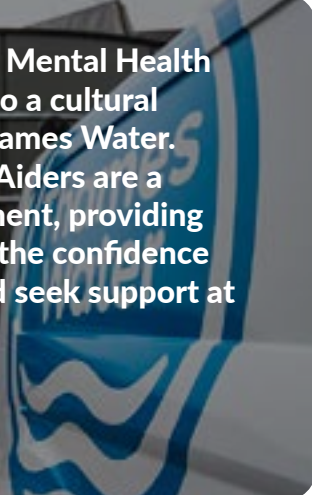
What employers say



See how organisations are using MHFA England training. Click on a quote to learn more, or see all:

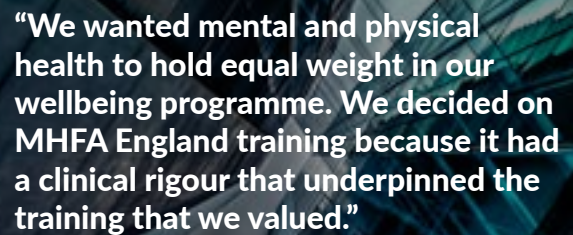
[Written case studies](#)

[Video case studies](#)



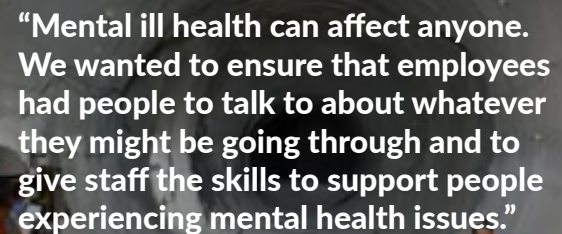
“The introduction of Mental Health First Aiders has led to a cultural revolution across Thames Water. Mental Health First Aiders are a catalyst for engagement, providing our employees with the confidence to come forward and seek support at their time of need.”

Thames Water



“We wanted mental and physical health to hold equal weight in our wellbeing programme. We decided on MHFA England training because it had a clinical rigour that underpinned the training that we valued.”

EY



“Mental ill health can affect anyone. We wanted to ensure that employees had people to talk to about whatever they might be going through and to give staff the skills to support people experiencing mental health issues.”


Crossrail



“As a leading international law firm, we work in a high-performance culture which delivers the very best service for all our clients. Supporting the mental wellbeing of our staff with MHFA England training is an essential part of ensuring our employees operate at the very top of their game.”

Slaughter and May

Video case studies



Siemens
has introduced Mental Health First Aid training into the workplace

Training For managers

The relationship between managers and their team members is key for the health and wellbeing of the whole organisation. By empowering managers in your organisation to build supported, motivated and committed teams, you can help create a healthy workplace for all.

Mental Health Knowledge for Managers

This digital learning package creates cultural change by increasing mental health knowledge and providing a framework to have wellbeing conversations.

Mental Health Knowledge for Managers is a cost and time effective way to reach all managers to create cultural change. The modules can be accessed at any time, place, or pace, giving your organisation flexible access to high quality resources from trusted experts in workplace mental health.

Designed for organisations with more than 50 managers, the modules are hosted on your organisation's own learning management system. Learning is self-directed through scenarios, quizzes, and interactive activities.

This package is designed to complement face to face training by building knowledge and supporting leadership development. By empowering managers to have proactive, supportive conversations, it can reduce the need for HR and performance interventions.

See the following pages for the learning outcomes of the modules.

Request a free two week access to Mental Health Knowledge for Managers from workplace@mhfaengland.org and find out how it can fit your organisation's needs.



