

Youth MHFA in Schools programme

The story so far

In June 2017 Mental Health First Aid (MHFA) England launched the Youth MHFA in Schools programme. Funded by the Department of Health and Social Care, the programme offers every state secondary school in the country the opportunity to train a member of staff on a Youth MHFA One Day course, qualifying them as Youth MHFA Champions. Schools are being offered one free place on this course, with host schools offered up to four additional places. MHFA England has been contracted to deliver the first two years of this three year programme.

In April 2017, a survey by the Teachers' Union NASUWT found:

98%

of teachers have contact with pupils who they believe are experiencing mental health issues

but...

46%

say they have never had any training on pupil mental health

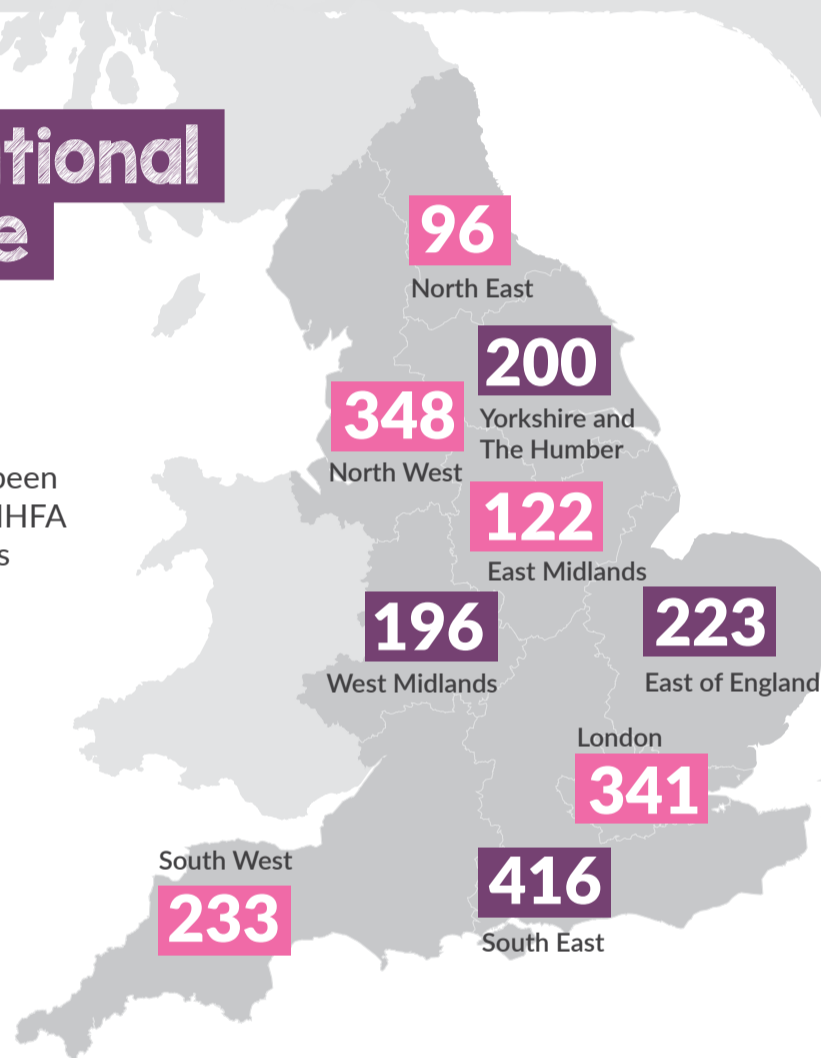
The national picture

2,175

school staff have been trained in Youth MHFA skills as part of this programme so far

1,537

schools have taken part to date



1,246 staff trained

Year 1

929 staff trained so far

Year 2

Over 3,000 staff will be trained by 2020

Year 3

2017

2018

2019

2020

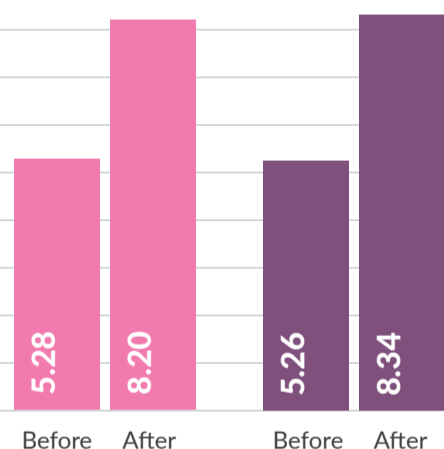
The report card

Before and after each course, MHFA England asked school staff to rate from one to ten:

- their mental health knowledge
- their confidence to discuss mental health

Average confidence

Average knowledge



What school staff have to say

"This course was incredible and has really raised the importance of staff being equipped to listen, guide and direct young people to further support whilst also being mindful and aware of yourself."

"Really useful course - wish I could have attended the 2 day course to go into even more detail. Very useful information to take back and implement in the school."

"The course was informative, helpful and excellently delivered. The wealth of resources that have been provided will ensure this is passed on in school. Instructor was fantastic and her knowledge and enthusiasm of the subject made the session so enjoyable."