



MHFA focus of Bristol schools study

We are pleased to announce that the University of Bristol has begun a study into the effectiveness of Mental Health First Aid for teachers.

The trial is taking place in 24 secondary schools in the Bristol area and South Wales. Stress and mental health issues are often in the media as a huge concern for both students and teachers. Accordingly, the research will test both how Youth MHFA helps school staff to support students and how Standard MHFA helps staff to support each other.

The story has been reported in [TES](#) and a [press release](#) is available on the University of Bristol website for more information.

We look forward to the findings of this important research into how best to support students and school staff alike.