Supporting mental health in the workplace is not just a corporate responsibility, staff who have positive mental health are more productive and businesses who promote a progressive approach to mental health can see a significant impact on business performance, so it’s about good business too.

To learn more about how employers can support the mental wellbeing of their staff, visit mhfaengland.org

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On average, employees take 7 days off work a year for health reasons and it is estimated a mental health issue accounts for 40% of this figure. Yet up to 90% say they would not disclose their mental health issue for fear of stigmatization.

40% of employees say they’d feel more motivated and more likely to recommend their organisation if their employer took action to support mental health and wellbeing.

Dr Justin Varney National Lead for Adult Health and Wellbeing, Public Health England

Improving mental health is not just good for business, but good for staff too.

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