

# MHFA Instructor Training programme: Essential and desirable criteria

## Essential criteria

- Attended the Two Day MHFA England course in the relevant product (Adult, Youth or Armed Forces) before applying
- Ability to give the time commitment to the training, approval and delivery of MHFA England courses
- Experience of facilitating learning, training, presenting or teaching effectively
- Delivery plan and consideration of earning potential (independent trainers only)
- Ability to give and receive feedback
- Resilience and ability to deal with challenging training situations
- Good interpersonal and communication skills
- Knowledge and understanding of mental health issues
- Positive attitude towards people with mental health issues
- Commitment to MHFA England's vision, mission and values
- Relevant IT skills (to include basic proficiency in the use of PowerPoint. Training on this is not provided as part of the programme)

## Desirable criteria

- Training/teaching qualifications e.g. PTTLS (Preparing to Teach in the Lifelong Learning Sector)
- Knowledge of the range of mental health services in England
- Qualifications and/or experience in the field of mental health