

Mental Health First Aid England relocates to new London headquarters

[10 December 2018, 09:00 BST] Mental Health First Aid (MHFA) England Community Interest Company (CIC) today announces relocation plans for its headquarters to the Tower Hill area of London. From 1 February 2019 MHFA England's central team will be situated in the Royal College of Psychiatrists' premises, in a self-contained office space that perfectly meets the needs of its growing organisation.

At the end of January 2019 MHFA England will vacate its current offices in Old Street, which have housed the organisation since becoming a CIC in 2009. Moving to the Royal College of Psychiatrists' premises will provide MHFA England with a flexible working and meeting space, and will enable the central team to work even more effectively with partners, instructors and trainers.

Simon Blake OBE, Chief Executive Officer, Mental Health First Aid England commented:

"We are extremely proud of our achievements over the last 10 years, which have included training over 1,800 Mental Health First Aid England instructors, who have delivered MHFA courses to over 330,000 people across England. We have grown significantly during this time and are delighted to have found an exciting new office space that meet our needs and will facilitate the next phase of our growth in order to help achieve our mission of training one in ten of the population in England in MHFA skills.

"While first and foremost the Royal College of Psychiatrists had the right office space available for us, it is also good to share premises with a highly respected professional body who share our overall vision of promoting positive mental health."

MHFA England will relocate to its new offices, 21 Prescott Street, London, E1 8BB on Friday 1 February 2019.

Paul Rees, Chief Executive, Royal College of Psychiatrists commented: “We welcome Mental Health First Aid England as our new neighbours and are delighted that they have found the right space to meet their growing needs.

“It’s excellent to be able to share our modern, well-designed office space, with an organisation that shares a common vision for promoting positive mental health, and we wish them all the very best in their new home.”

-ENDS-

Notes to editors

- For further press information please contact our media team on media@mhfaengland.org or call 020 7250 8062
- Mental Health First Aid is the mental health equivalent of physical first aid training and provides participants with the skills and confidence to recognise the signs and symptoms of common mental health issues and effectively guide a person towards the right support, be that self-help or professional services.
- To date over 300,000 people in England are trained in MHFA skills.
- The core principles of MHFA include: spotting the signs of a mental health issue, helping to prevent issues from getting worse and giving confidence in helping someone who is experiencing an issue.
- As well as the Adult MHFA course, the organisation runs a number of tailored courses including Youth MHFA, Higher Education MHFA, Armed Forces MHFA and Workplace MHFA.

PRESS RELEASE



MHFA England

- MHFA England has a vision to normalise society's attitudes and behaviours around mental health by developing the skills we need to look after our own and other's wellbeing.
- More information about MHFA England and its courses can be found at www.mhfaengland.org or by emailing info@mhfaengland.org.